

# PROFESSIONAL DEVELOPMENT & PARENT SUPPORTS

Schools \* Parent Groups \* Health & Child Welfare Agencies \* Churches

**Jessica Sinarski, LPCMH** is a clinical supervisor, consultant, author and educator. She is a thought-leader in **connecting neuroscience with practice** in adult-child relationships. Areas of expertise include

**trauma-informed care | child development | brain-based practices**

Jessica has trained thousands of parents and professionals across the country. For more information and a list of recent workshops, visit

[www.JSinarski.com](http://www.JSinarski.com)



## TRAINING

- Workshop (1-2 hours) \$450
- Half day (2.5-3.5 hours) \$800
- Full day (4-7 hours) \$1500

*Plus travel expenses*

## CONSULTATION

\$150/hour

# Riley the Brave

By Jessica Sinarski \* Illustrated by Zachary Kline



**"Terrific book! I will use it, reference it, and recommend it."**

- Bonnie Harris, M.S.Ed., author of *When Your Kids Push Your Buttons and Confident Parent, Remarkable Kids*

## AUTHOR VISITS

Lively book reading, engaging discussion and activity time for pre-school or elementary students. Links to free follow-up materials for teachers will be provided. "Author Visit" pre-order form (discounted price: \$15/book) should be distributed to students three weeks in advance.

1-3 hour visit: \$250 *plus travel expenses*

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