

# PROFESSIONAL DEVELOPMENT & PARENT SUPPORTS

Schools \* Parent Groups \* Health & Child Welfare Agencies \* Churches

**Jessica Sinarski, LPCMH** is a dynamic public speaker, author and educator. She has used her experience as a bi-lingual mental health counselor to inventively connect neuroscience with practice. Jessica has trained thousands of parents and professionals across the country.

trauma-informed care | child development | brain-based practices

For more information, visit

[www.BraveBrains.com](http://www.BraveBrains.com)



## TRAINING

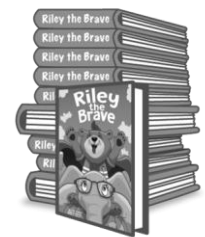
- Workshop (.5-1.5 hours) \$450
- Half day (2-3.5 hours) \$800
- Full day / Keynote (4-7 hours) \$1500

*Plus travel expenses*

CONSULTATION: \$150/hour

# Riley the Brave

By Jessica Sinarski \* Illustrated by Zachary Kline



**"Terrific book! I will use it, reference it, and recommend it."**

- Bonnie Harris, M.S.Ed., author of *When Your Kids Push Your Buttons and Confident Parent, Remarkable Kids*

## AUTHOR VISITS: On-site or Virtual

Lively book reading, engaging discussion and activity time for pre-school or elementary students. Links to free follow-up materials for teachers will be provided. "Author Visit" pre-order form (discounted price: \$15/book) should be distributed to students three weeks in advance.

45-minute visit plus 5 advance copies and 3 posters: \$500 (*plus travel expenses if applicable*)

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